



*The sea shells are the important things - family, friends, faith, health and favorite passions. If everything else was lost and only they remained, your life would still be full.*

*Pebbles are the other things that matter - like your education, job, house, and car.*

*The sand is everything else - the small stuff.*

*If you put the sand into the jar first, there is no room for the pebbles or the sea shells. The same goes for your life.*

*If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you.*

*So - pay attention to the things that are critical to your happiness. Spend time with family and friends. Take your partner out to dinner. Read a book in the sunshine on a beautiful day.*

*There will still be time to clean the house and do the laundry. Take care of the sea shells first - the things that really matter.*

*Set your priorities. The rest is just sand.*

*Oh - and the water?*

*Never miss an opportunity for a trip to the beach!*

